

QUALIFICATIONS

YOGA

LEVEL 1 (350 HR) YOGA TEACHER
LEVEL 1 GENTLE SOMATIC YOGA TEACHER
YIN YOGA TEACHER
RESTORATIVE YOGA

PROFESSIONAL ASSOCIATION MEMBER

YOGA AUSTRALIA + IICT

YOGA + PILATES PROFESSIONAL DEVELOPMENT

YOGA ASANA FUNDAMENTALS – FLO FENTON
YOGA FOR BACK CARE – FLO FENTON
YOGA FOR ANXIETY, STRESS & DEPRESSION - FLO FENTON
IYTA YIN YOGA LEVEL 1 CERTIFICATE
4 DAY BYRON YOGA CENTRE YIN TRAINING
4 DAY LIZZIE LASATER RESTORATIVE YOGA TRAINING
20 HOUR SAVASANA INTENSIVE - JUDITH HANSON LASATER
SIJ WORKSHOP - DONNA FARHI
IYTA CHAIR YOGA FOR SENIORS
YOGA INTERNATIONAL: YOGA DECONSTRUCTED@: CREATIVE SEQUENCING WITH SOMATICS WITH TRINA ALTMAN
LIVING YOGA SOMATIC SERIES WITH LISA PETERSEN
THE ART OF TEACHING BY DONNA FARHI
YOGA FOR SENIORS – YOGA THERAPY INSTITUTE
MAT PILATES LEVEL 1 – CURRENTLY STUDYING
YOGA FOR COMMON MUSCULOSKELETAL CONDITIONS

BOWEN THERAPY

CERT IV + DIP IN BOWEN THERAPY + ADV PRACTITIONER
THE EMMETT TECHNIQUE MODULES 1, 2, 3 & 4

MASSAGE

CERT IN SPORTS & REMEDIAL MASSAGE
INTERNATIONAL AESTHETICIENNES - DIPLOMA IN BODY THERAPY
MARY REID - DIPLOMA IN BODY THERAPY
DIPLOMA IN SEATED ACUPRESSURE MASSAGE
INTERNATIONAL THERAPY EXAMINATION COUNCIL - PHYSIATRICS DIPLOMA
SHBBSPA003 PROVIDE STONE MESSAGES

AROMATHERAPY

DIP IN CLINICAL AROMATHERAPY

OTHER IMPORTANT STUFF

AUSTRALIAN GOVT: DEPT OF HEALTH – INFECTION CONTROL – COVID 19
HOLDS FIRST AID CERTIFICATE
INSURED
WORKING WITH CHILDREN CARD HOLDER
MEMBER OF YOGA AUSTRALIA